



Dear colleagues,

I am writing to invite you to participate in a national study on the well-being of legal professionals in Canada. In the next week you will receive an email forwarded from Dr. Nathalie Cadieux of the Université de Sherbrooke inviting you to complete a questionnaire about experiences related to your well-being.

The study is being administered by Dr. Cadieux and her research team, and adheres to rigorous research and security protocols through the Université de Sherbrooke. All responses are **anonymous** and will remain **strictly confidential**. Only the research team will have access to survey data in aggregate form.

The study is a collaborative initiative of all law societies in Canada, the Federation of Law Societies of Canada, and the Canadian Bar Association. It is led by the Federation through a national Steering Committee.

On behalf of the Steering Committee, I am writing to ask that you please take the time to complete the questionnaire. Your participation will provide important information about the determinants of well-being, both risk factors and factors that support well-being, among legal professionals in Canada. The information will also help law societies develop appropriate intervention strategies to better support legal professionals.

The questionnaire should take 30 to 45 minutes to complete. You can leave the questionnaire and return to it at any time, and continue from where you left off. Simply click on the secure link that will be provided in Dr. Cadieux's email. Your response is kindly requested within two weeks of receipt of the survey.

There is more information about the well-being initiative [here](#). You can also watch a short video about this project from Dr. Cadieux [here](#). The survey link will follow in a separate email within the week.

The cooperation of lawyers and articling students in British Columbia is essential to the success of the study, and your participation in the national survey would be greatly appreciated.

Kind regards,

Morgan Cooper
Chair, National Well-being Study Steering Committee